

The Advocate

“Include me”

We all need to be “included” in the same way.

Supporting people with developmental disabilities is part of Ontario’s goal of full inclusion for every person across the province. The Ontario government passed into law “The Services and Supports to Promote the Social Inclusion of Persons with Developmental Disabilities” Act in 2008, beginning a transformation of the human services sector that provides supports to people with developmental disabilities. Over the last 8 years, many new programs and processes have been developed to improve access to and ensure people with developmental disabilities are included in meaningful ways in their communities.

Inclusion is a word that is used a lot...but what does inclusiveness mean and what does it mean to a person with a disability? Inclusion is a process of identifying, understanding and breaking down barriers to participation and belonging. At its most essential level, inclusiveness ensures that every person participates in his or her community in meaningful ways, and feels a sense of belonging to family, friends, neighbourhoods, workplaces, places of worship, and the broader community.

Pathways to Independence Vision, “that all people enjoy a high quality of life as an accepted member of their chosen community” is based on the essential principle of inclusiveness. Our day to day efforts to advocate on behalf of the people we support are aimed to promote both inclusiveness and independence. People with developmental disabilities, an acquired brain injury or those who are dually diagnosed may experience inclusiveness differently depending upon their unique abilities and how other people perceive their needs and abilities.

Being included means:



Having Relationships

Maintaining existing relationships and forming new ones. Having a variety of relationships: close and intimate relationships, friendships, and ones more distant, like bus drivers or shop clerks. Accepting support from family, friends, and neighbours and to be able to contribute to those relationships as well.



Accessing Community

Being physically present in the community of your choice, and to be able to choose and use community resources such as shops, cinemas, health services, education etc. Accessing practical and social supports to be as independent as possible.

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“Include me”...



Being Accepted

Being included and participating in the community and having a sense of belonging. Feeling that you are a valued person and are valued by others.



Being Occupied

Being engaged and satisfied in useful and meaningful activities whether it be at home or in the community, in paid employment, volunteer, or recreation and leisure activity. Being able to choose how to spend your time.



Being at Home

Feeling that you are in your home, free to have your own personal arrangements, the ability to choose who you live and associate with.



Being in Valued Roles

Maintaining or developing valued roles within society; parent, sibling, partner. Engaging in new experiences and developing new roles and having the confidence and support to do so.



Exercising Rights, Risks & Responsibilities

Understanding your rights, and the potential risks and responsibilities as a citizen and community member and feeling empowered and supported to exercise them.

*Help us to
make “our”
world inclusive
for everyone.*

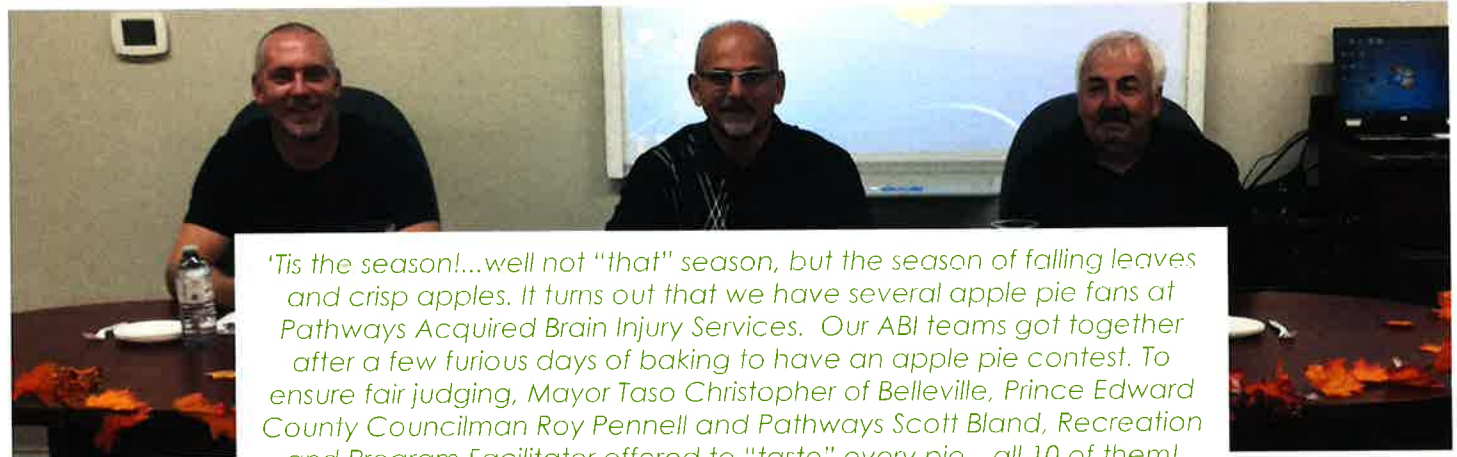
Developmental Services News

How does our garden grow...

Supported clients from both Pathways Picton and Belleville Community Connections programs have participated in their own community gardens this past summer. In addition to learning all about gardening, the group has had a lot of fun sharing fresh vegetables with friends, family and other members of the community.

Like all gardeners, they also had to deal with the quandary of "what to do with all those tomatoes?". That's when the Bakery and Café group came to the rescue and learned how to preserve food... making lovely jars of canned tomatoes and salsa.





'Tis the season!...well not "that" season, but the season of falling leaves and crisp apples. It turns out that we have several apple pie fans at Pathways Acquired Brain Injury Services. Our ABI teams got together after a few furious days of baking to have an apple pie contest. To ensure fair judging, Mayor Taso Christopher of Belleville, Prince Edward County Councilman Roy Pennell and Pathways Scott Bland, Recreation and Program Facilitator offered to "taste" every pie...all 10 of them!

Club ABI member Kevin Gould's apple pie was declared the winner, followed by Mike McKay and Lynne Pedrie.



Congratulations to Kevin, and thanks to everyone who helped to make ABI's Applefest the best of the bushel.



What a fabulous summer we have had! Acquired Brain Injury Awareness (ABIA) Walks

So many volunteers, supported clients, family members and friends joined us to help promote brain injury awareness at both our Ottawa and Quinte ABIA walks in June.

Over 200 people joined Robert Wein at Andrew Haydon Park in Ottawa June 18, to help him to raise money for the Pathways Foundation. Robert Wein, founder of the ABIA walks is a brain injury survivor, after a cycling accident several years ago. Robert has inspired people everywhere to join him on his walks and helps to promote awareness of what it is like to live with a brain injury.

Over 100 supported clients, friends and family members joined Robert in Zwick's Park, Belleville the following Saturday. Walking, dancing to the sounds of Instant Rivalry and sharing a great time are always on hand when Robert and his friends from Pathways organize walks.

Thank you Robert for all you do for Pathways. All funds raised from the Ottawa and Belleville walks support the Pathways Foundation to provide accessible, safe homes for the people we support, and supports the Community Access Fund; allowing the people we support to actively engage with their community.

Robert Wein presents ABI Client Service Manager Bonnie Sullivan with a plaque promoting Brain Injury Awareness.



Medigas & Friends

Our thanks to our friends at Medigas for another great golf tournament...lots of celebrities...(did you know the original Buffy the Vampire Slayer could golf?), and friends of Pathways played the beautiful course at Black Bear Ridge on July 8, raising funds for the Foundation's Community Access Fund.



The funds raised from our ABIA Walks and Golf Tournament help to support the costs of:

new fully accessible homes for people living with a brain injury in Quinte and Ottawa



accessible transportation



music & art therapy



physical rehabilitation



literacy classes



mobility devices



wellness programs such as weight loss



involvement in the community: attend hockey games, boundless adventures, learn how to ski, go camping, attend concerts

Thank you to all of our Sponsors who have helped to make our summer events so amazing! We could not have done it without you.

Belleville



Arthur J. Gallagher



Ottawa



MARK YOUR CALENDAR!



Oct - Nov 2016
Home to Home Heart to Heart Holiday Event!



Don't Forget To Pickup Your Poinsettia and Wreath Orders On Nov. 22 & 23

Become a member of Pathways

Be a part of Pathways! As a Pathways member, you become a part of a growing community of business people, family members, individuals, students, and professionals who actively support the vision and principles of Pathways to Independence. Your annual membership fee supports our ability to provide programs, community experiences, and other opportunities to share, laugh, play and learn to the people we support.

All of our members are able to vote at the Pathways Annual General meeting and receive The Advocate newsletter. Single, Family and Associate members also receive a discount at the Pathways Car Wash and the Bakery.

Please review the membership options and join a growing community of people who choose to help others live a better life. Learn how you can participate as a member of Pathways to Independence.

Become a member today by completing the membership application on line at www.pathwaysind.com

For more information about Membership at Pathways contact

Sharon Boldrick at 613-962-2541 ex 234.



Membership Application

Every person can participate.

Name _____

Address _____

City _____ Province _____

Postal Code _____ Phone (____) _____

Email _____

I give consent to share this information with: Pathways Foundation
Please do not acknowledge or publish my name on your donor or membership appreciation publication.

Signature _____ Date _____

Annual Membership Fees

Student - \$5.00 Single - \$10.00 Family (up to 4 people) - \$20.00

Associate (Pathways Employees Only) - \$5.00

Total \$ _____.

Please make cheque payable to Pathways To Independence. Mail to:
289 Pinnacle Street, Belleville, ON K8N 3B3

Become A Pathways Volunteer

Every person can inspire.

Yes, I will consider volunteering. Please contact me with more information.

community
choice

belong
believe

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