


Pathways Community Participation

FEBRUARY 2019

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|---|--|
|  | | | | | 1 Coffee Club Games |
| | 4 Swimming Rhino Sports Cooking Class | 5 Chinses New Years!!! Coffee Club | 6 Bowling Belleville Sens | 7 Meal Prep. & Lunch Swimming Music | 8 Coffee Club Baking |
| <p>9am-11:30am Mornings</p> <p>12:30pm-2:30pm Afternoons</p> <p>4pm-8pm Evenings</p> <p>Fitness – Bring indoor running shoes Swimming – Bathing suit and towel Thursday lunch(sign up only) Signup sheet is outside The Hub <i>Monday's Cooking (8 week class sign up only)</i> Cooking (Lunch is provided)</p> | 11 Swimming Rhino Sports Cooking Class | 12 Cooking Valentine's Events | 13 Bowling Centre Hastings Activities | 14 Meal Prep. & Lunch Swimming Music | 15 Coffee Club Arts & Crafts |
| | 18 STAT | 19 Ecstasy Craffs Library | 20 Bowling Bowling | 21 Ecstasy Craffs Swimming Music | 22 Coffee Club Cleaning |
| <p>Any Questions Please Call Wendy Valleau 613-962-5085 Ext.357 Cell# 613-885-4659 wendyv@pathwaysind.com</p> | 25 Swimming Rhino Sports Cooking Class | 26 Bowling Rhino Sports | 27 Bowling Centre Hastings Activities | 28 Meal Prep. & Lunch Swimming Music | |