

# Transitional Age Youth Recreation Calendar - Recreation Program

## JANUARY 2019

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>TAY Program Goal:</b>  To provide engaging and meaningful activities for young adults with a developmental disability that helps them build healthy active living and social growth opportunities as they transition into adulthood.	30	31	1 New Year's Day	2 Bowling (Office 12:30)  Cultural History (Office 4:30)	3 Rhino Sports (At Event: 1:00)  Poker Night (Office 5:30)	4 TAY Workout: Cross Fit (Office 10:30)	5
	6	7 Science Hour (Office 10:00) TAY Lunch (Office 12:00) Ocean Deep (Office 3:30)	8 Volunteering (Office 11:30)  Movie Night (TBA-On-Day) Meet at theater	9 Bowling (Office 12:30)  Board game Social (Office 4:30)	10 Wellness Center Swimming (At Event 11:00) Baking Class (Office 3:30)	11 TAY Workout: Cross Fit (Office 10:30)	12 TAY Social (Office 10:00) In house movie
<b>Program Hours:</b> Program <b>Start Times</b> vary depending on the specific program. Here are the time of day ranges that the program could start between:  <b>Morning:</b> 8:00am – 11:59am <b>Mid Afternoon:</b> 12:00pm – 2:59pm <b>Late Afternoon:</b> 3:00pm – 7:00pm  <b>Red</b> programs will be invite only, and will have specific itineraries.	13	14	15 Pickle Ball (At Event 11:30)  Movie Night (TBA-On-Day) Meet at Theater	16 Volunteering (Office 9:00) Bowling (Office 12:30) TAY Social (Office 3:00)	17 Internet Safety Seminar (Office 10:00) (Office 4:30)	18 No Program	19 No Program
	20	21 Coffee Social (Office 10:00) Driving Range (Office 12:30) Cooking Class (Office 4:30)	22 Volunteering (Office 11:30)  Movie Night (TBA-On-Day) Meet at Theater	23 Bowling (Office 12:30)  Board Game Social (Office 4:30)	24 Wellness Center: Swimming (At Event 10:30)  Poker Night (Office 3:00)	25 TAY Workout: Cross Fit (Office 10:30)	26 Belleville Senators Game (Office 6:00)
<b>Contact:</b> Craig Helmer 613-962-5085 Ext. 284 – Office 613-885-4062 – Cell <a href="mailto:craigh@pathwaysind.com">craigh@pathwaysind.com</a>	27	28	29 Pickle Ball (At Event 11:30)  Movie Night (TBA-On-Day) Meet at theater	30 Bowling (Office 12:30)  TAY Social (Office 4:30)	31 Driving Range (Office 10:00)  Paint Night (Office 3:30)	1 TAY Workout Cross Fit (Office 10:30)	2