

FEBRUARY 2019

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Hot lunch at the Quinte West Club 10:00-2:00pm Sign Up Required	2
	3	4	5 Seated Exercises Valentine's Craft	6 Chinese Buffet for Lunch Bring Money Sign Up Required	7 AM: Bake with Me PM: Exercises and Trivia	8 AM: Club Activities PM: Bowling HWY 62 Belleville 1:00-2:30pm Sign Up Required	9
Hours: Monday – CLOSED Tuesday – 9:00am-3:00pm Wednesday – 8:30am-3:30pm Thursday – 9:00am-3:00pm Friday – 9:00am-3:00pm	10	11	12 Indigenous Day Fried Bread and Medicine Bags	13 Campbellford 10:00am-2:00pm Bring money or lunch Sign Up Required	14 AM: Valentine's Card making PM: Games	15 Valentine's Spotlight Dance 12:00-2:00pm Snacks provided	16
	17	18 FAMILY DAY	19 Club Activities Stretch and Flex	20 Discovering India Indian Cuisine Lunch provided	21 Pajama Day	22 AM: Club Activities PM: Bowling HWY 62 Belleville 1:00-2:30pm Sign Up Required	23
Contact: Alice Liddle Phone: 613-962-5085 Ext.261 Cell: 613-885-4046 (answered during club hours only) Email: clubabi@pathwaysind.com	24	25	26 Winter Wonderland Craft Beavertail/Donut Making	27 Swimming at the Wellness Centre 11:00-12:00pm Bring lunch or money Sign Up Required	28 Talent Show		