

March 2019



Tuesday	Wednesday	Thursday	Friday
			1 10:00 Coffee & Social 10:30 Jeopardy 11:30 Lunch 12:00 Community Outing: Golfomax
5 10:00 Coffee & Social 10:30 Let's Create 11:00 Lunch 12:00 Swimming @ Richcraft	6 10:00 Coffee & Social 11:00 Bingo 11:30 Lunch 12:15 Jeopardy 1:00 Fitness with Andrew	7 10:00 Coffee & Social 10:30 Community Outing: Fulton's Sugar Bush 2:00 Brain Games	8 10:00 Coffee & Social 10:30 Community Outing: Golf Expo 2:00 Bingo
12 10:00 Coffee & Social 10:30 Art Projects 11:00 Community Walk/ Library 12:00 Lunch 1:00 Bingo	13 10:00 Coffee & Social 11:00 Let's Create 11:30 Lunch 12:15 Trivia 1:00 Fitness with Andrew	14 10:00 Coffee & Social 10:30 Renfrew Day Program Visiting Us! *Please wear Green for our St. Patrick's Day	15 10:00 Coffee & Social 10:30 Community Outing: Movie Matinee
19 10:00 Coffee & Social 10:30 Bingo 11:00 Lunch 12:00 Swimming @ Richcraft	20 10:00 Coffee & Social 11:00 Art Projects 11:30 Lunch 12:15 Jeopardy 1:00 Fitness with Andrew	21 10:00 Coffee & Social 10:30 Community Outing: Aviation Museum 2:00 Card & Board Games	22 Evening Program 4:00 Coffee & Social 4:30 Lets Make Dinner 6:00 Community Outing: Friend's Bingo Hall
26 10:00 Coffee & Social 10:30 Let's Create 11:00 Lunch 12:00 Swimming @ Richcraft	27 10:00 Coffee & Social 11:00 Bingo 11:30 Lunch 12:15 Trivia 1:00 Fitness with Andrew	28 10:00 Coffee & Social 10:30 Community Outing: Movie Matinee 2:00 Trivia	29 10:00 Coffee & Social 10:30 Community Outing: Fulton's Sugar Bush 2:00 Brain Games

Special Events:

Mar 17: St. Patrick's Day

Tuesday- Friday
10:00am- 3:00 pm
356-D Woodroffe Ave.,
Ottawa, ON
K2A 3V6

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