

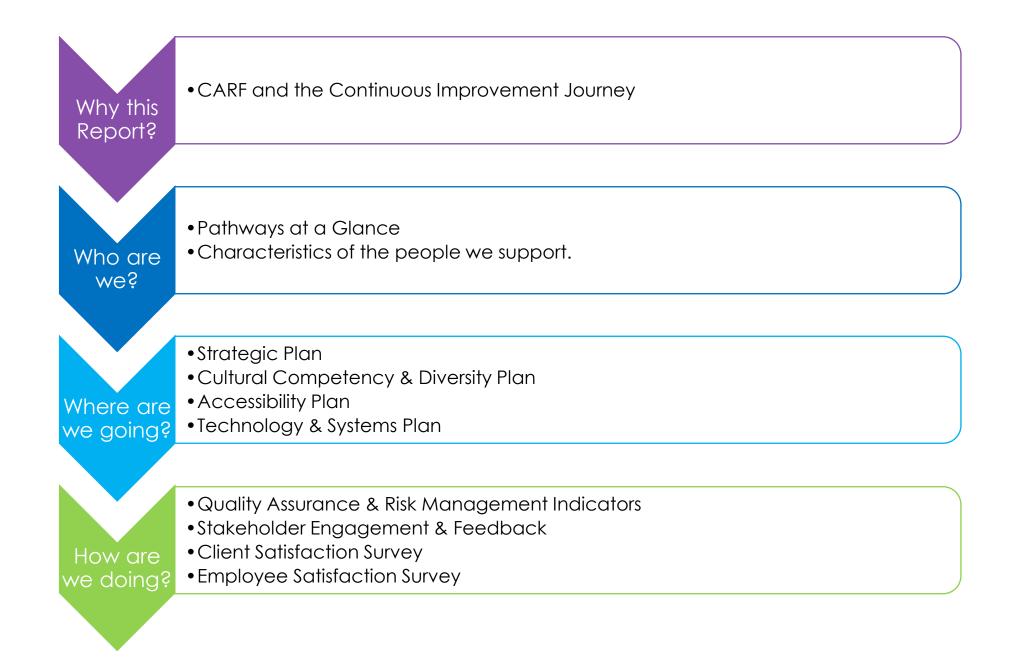
# ANNUAL MANAGEMENT REPORT April 1, 2019 – March 31, 2020

Pathways

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#### CARF and the Continuous Improvement journey

To continuously improve, you have to know where you have been, what you have learned, and how to get to the next step in your journey.

The Commission for the Accreditation of Rehabilitation Facilities, (CARF) is an independent, non-profit accreditor of health and human services. The CARF standards are internationally recognized. Pathways believes that reviewing our services against CARF standards allows us the opportunity to continuously improve our services and demonstrate our commitment to transparent and accountable practices. Pathways to Independence received our third, 3 year accreditation from CARF in December 2018 for the following programs:



This management report describes Pathways plans, summarizes the feedback we have received from our key stakeholders, and details outcomes and indicators that we use to inform our decisions and guide the next steps in our journey of continuous improvement.

Vision, Mission & Guiding Principles

### Supporting people in living their best lives

### Vision

"That all people enjoy a high quality of life as an accepted member of their chosen community"

### Mission

"We support people in living their best lives"

### We serve

"People with acquired brain injuries and/or developmental disabilities, who may also have complex needs"

### **Guiding Principles**

Help, always

Create homes, not houses

Help everyone make a difference

Achieve more together

Take initiative in creative and resourceful ways

mbrace and contribute to new thinking

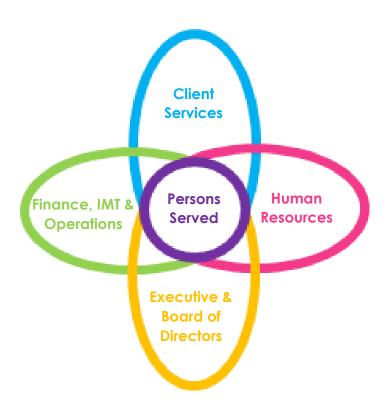
Value uniqueness, personal growth, and independence

### Pathways

Pathways to Independence is a community based agency providing assisted community living services and supports to 308 adults living with an acquired brain injury (ABI), and/or developmental disability who may also have complex needs based on their unique goals, abilities and choices. Our services include supportive housing options, centre and community based, vocational and recreation programs, psychiatric counselling and behaviour therapy, court and justice related services, and respite.

Operating in the Eastern Region of Ontario, Pathways is fully accredited by the Commission for the Accreditation of Rehabilitation Facilities (CARF).

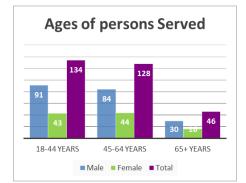
These supports are provided by professional staff, contracted services with community partners, professionals, family home providers and volunteers. Pathways Client Services team has primary responsibility for the provision of direct care to the people we support

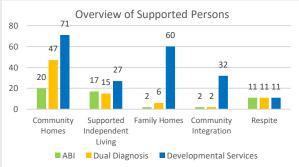


### Pathways at a glance



We support 103 women & 205 men living with acquired brain injuries and/or developmental disabilities who may also have complex needs







We have 5 community based program locations in Ottawa, Renfrew, Picton, Quinte West & Belleville 33

We have 33 homes and apartment buildings in the Lennox & Addington, Hastings & Prince Edward Counties and the Ottawa region.



We employ 458 dedicated professionals.



Declared Eth	nicity of Pe	ersons Serv	ed	
	Men	Women	Total	All and
Not Identified	45	19	64	
African Canadian	4	1	5	en 17 🌄
Asian Canadian	1	0	1	
Caucasian	144	80	224	
First Nations	5	2	7	Alex .
Iranian/Middle Eastern	2	0	2	
Unknown	4	1	5	- V

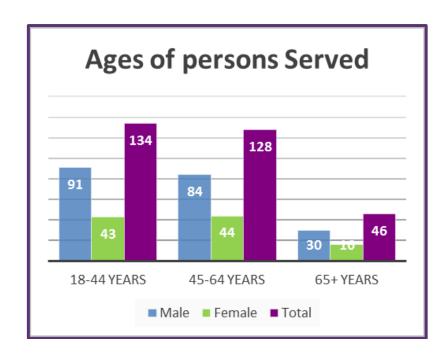
### Overview of services and the characteristics of the people we support

#### **Community Homes**

Staffed seven days a week, 24 hours a day, our supported homes provide a caring environment to small groups of adults making and sharing a home. Located in both rural and urban environments across south eastern and eastern Ontario, Pathways homes are customized to meet the physical and social needs of the people we support.

In 2020 Pathways operated 33 community homes:

- 2 in the Ottawa Region
- 3 in Napanee
- 3 in Quinte West
- 4 in Prince Edward County
- 21 in Belleville



### Family Homes (Host Family Services)

Many adults with cognitive impairments are able and prefer to live with a Host Family. Following a rigorous approval and matching process that includes assessing shared interests, compatibility, location and access to services, a supported person lives with another family and shares in their lives. Supported by their natural family and professionals from Pathways to Independence, the Family Home program provides a stable living option to people with an acquired brain injury, a developmental disability or a dual diagnosis.





### Supported Independent Living (Supported Living)

For clients who prefer and are able to live on their own, Pathways to Independence assists adults to find apartments and provides professional staff support based on their individual needs. The agency provides Supported Independent Living programs for clients with acquired brain injury in Belleville and Ottawa, and for clients with developmental disabilities in Belleville.

In 2019 Pathways worked in partnership with Hastings County to complete the construction of 6 apartments in Belleville. Supported individuals moved into these new modern and spacious apartments in December 2019. In the summer 2020, Youth Hab constructed a new home on Elmer St. in Belleville, in which Pathways will be renting a two bedroom unit for our clients.

Pathways' partnership with 5 other social service agencies in the Home for Good building project created 6 affordable apartments in the the Quinte community for the people we support and others who struggle to find affordable, safe housing.



#### Respite Services

Pathways to Independence provides temporary accommodation at a 24 Hour Supported Home or a family home in an emergency or as a break from other living arrangements. Our contract with each Family Home Provider (Host Family) provides a number of days of respite per year. The supported person living with Host Family would live in an existing community home or family home network within Pathways for the duration of the host family's respite period. A total of 3832 days of respite were delivered over the fiscal year.





#### **Program Services**

Our centre based programs and services are offered to the people we support as well as other members of the community who can benefit and enjoy our services within the greater Quinte and Ottawa regions. In 2019 Pathways developed a supported employment program which has assisted participants to find successful employment within a variety of roles such as housekeeping, general labour and administration both within the community and within the Pathways organization itself.

Pathways connected with over 33 community partners to provide successful employment and volunteerism positions for persons served.



26

On average 26 persons served are successfully employed within their community every month

On average 40 persons served are successfully volunteering in their community every month



### Strategic Plan

The strategic plan defines what Pathways seeks to accomplish over the next three years, identifies the actions we will use to achieve our desired results, and how well we succeed in achieving our strategic directions and goals. The plan is used to clarify our priorities, align resources, and unify employees, partners and others involved with delivering our services and supports to our clients.

Our process to develop the plan was very inclusive. Focus groups were held with persons served, Board members, and employees. Feedback regarding Pathways strengths and areas of future focus was also obtained from community partners, funders, family home providers and family members. This process engaged all stakeholders in the process and helps to create engagement, foster communication, and helps the agency to stay focused on its priorities.

#### What is strategic planning?

Strategic planning is the process of identifying an organization's long-term goals and objectives and then determining the best approach for achieving those goals and objectives.

#### How do we use our plan?

- Provides clear direction for decision making;
- Creates an increased level of commitment to the agency and its goals;
- Results in improved quality of services and supports to our clients and employees and provides a way to measure the services;
- Helps everyone in the agency to set priorities;
- Increases the agency's ability to identify and manage risks from the external environment; and,
- Aligns with a CARF requirement and is good business practice.

### Pathways Strategic Plan: Supporting People in living their best lives 2020

Our fiscal year 2019-20 is the last year of our Strategic Plan. To remain focussed on the implementation of the Plan, the Board of Directors identified the following objectives to complete the plan.

Excellence in our programming and services	Accessible and appropriate homes	3 Extending our reach	Reinforcing and sharing our culture
Developing internal capacity for crisis response	Update Housing Plan: focus Youthab, Napanee (West Street), Kemptville, Specialized housing.	Implement Regional After Hours Urgent Response	Implement Learning & Development framework
Enhance our model for specialized services	Implement Home for Good housing project	Sharepoint Implementation	
Develop programs & services based on individualized funding models		Developing Community ABI Services in Ottawa	

### Strategic Goal Status: Excellence in our Programming and Services

#### Developing internal capacity for crisis response

- ✓ Trauma informed care training provided to employees providing enhanced services to persons with concurrent disorders
- ✓ Implemented personality disorder training (ABI) for staff, increasing understanding and strategies for offering support to those we serve
- ✓ Continued training and development for staff throughout the year in Mental Health First Aid; Brain Basics, and difficult conversation training.

#### Enhance our model for specialized services

- ✓ Established an enhanced SIL program for adults who require additional supports but can still live independently
- $\checkmark$  Dedicated specialized space for individuals with special needs

#### Develop programs and services based on individualized funding

- ✓ Pay for fee services program (Passport) has been developed to meet CARF standards.
  - The program has been designed, assigned an annual budget, and staffed with dedicated resources.
  - Individualized plans are created for each supported individual, including a signed
     Service Agreement with evaluation, expectations and client satisfaction expectations outlined within it.
  - The program was successfully implemented as of November 2019.
  - The program is accessed by 260 clients, of which 220 are internal to Pathways and 40 are external.



### Strategic Goal Status: Accessible and Appropriate Homes

#### Understanding Needs

- ✓ Reviewed previous Resources Housing Plan September 2016,
- ✓ Developed new Housing Plan for 2019-20. Within our new plan, we identified Four Key Areas of focus:
  - 1. Supportive Housing
  - 2. Independent Living,
  - 3. Belleville area requirements
  - 4. Ottawa office space requirements/upgrades

### Accommodating Accessibility Needs

#### Renovation of homes:

- Napanee: Renovation plans completed and work Finalized, to enable clients with limited mobility to have main-floor bedrooms and living areas.
- Washrooms renovations at the homes on Emily, Haig and, Crofton to provide barrier free access in addition to our West St. location in Napanee.
- ✓ Home for Good: Completed partnership with Hastings County and secured 6 apartment for supported individuals. Move in completed in March 2020

### Specialized Housing:

 Worked with community partners and landlord to lease a new home on Cedar street in Belleville that supports individuals with specialized needs

## Ensuring safe and barrier free transportation of clients

 Specialized vans purchased to ensure the appropriate and safe transportation of those we serve.



### Strategic Goal Status: Extending our Reach

#### Implement after hours urgent response

- Pathways worked with the regional Ministry of Community and Social Service office to develop protocols and budget for After Hour Urgent Response. A thorough definition of roles and processes with regional service providers was established. In addition, the development of a communications plan incorporating a debriefing and evaluation process with all regional stakeholders was also implemented.
- ✓ Pathways created a dedicated vacant bed at a home with "specialized services" for immediate crisis response.

#### SharePoint Implementation

- ✓ SharePoint is a web based collaboration platform that allows an organization to work together, to co-author documents; control file storage; create forms; and create data sharing mechanisms both internally and externally.
- 2019 saw Pathways conduct a thorough requirements gathering exercise and kicking off a phased in approach to SharePoint rollout.
- ✓ An initial "As is" SharePoint overview was presented and early adoption by executive management and select users was received.
- $\checkmark$  A roadmap was created and members of a focus group pilot identified.
- $\checkmark$  Training for the Pilot Phase members scheduled



#### Developing Community ABI Services in Ottawa

Pathways has begun planning the development of increased community ABI services in the Ottawa area. These services
will continue the great work already underway within the Ottawa area providing specialized support services to those we
serve in the areas of daily living skills, communication, community integration, emotional and behavioural support, life skills,
recreation opportunities and more.

### Strategic Goal Status: Reinforcing and Sharing our Culture

#### Implement Learning & Development Framework

- ✓ Researched and assessed Learning management systems to best meet needs of the agency and IT infrastructure
- ✓ Developed and Completed Learning Streams for all positions in agency to guide training
- ✓ Developed online training for mandatory annual Health & Safety training and Medication Refresher

#### Training by Role within 4 Main Streams

Developmental	Aquired	Dual	Corporate
Services	Brain Injury	Diagnostic	Services

#### New Employees able to Work Effectively on First Shift

✓ Received 100% satisfaction rating from employees who feel they are prepared for their first shift



### Cultural Competency & Diversity

### CARF "Framework of Standards" – Cultural Competency and Diversity

CARF-accredited organizations identify leadership strategies that embrace the values of accountability and responsibility. Pathways demonstrates this strength in leadership, through its strategic planning process, in a variety of areas including cultural competency and diversity planning.

#### CARF Framework of standards recommends that:

An organization implements a cultural competency and diversity plan that:

Addresses 3 key areas:	And that is based o	n the consideration of the following areas:
1. Persons Served	1. Culture	4. Sexual Orientation
2. Personnel (staff)	2. Age	5. Spiritual Beliefs
3. Other stakeholders	3. Gender	6. Socio Economic Status

#### Pathways Continued Commitment

Pathways utilizes its Strategic planning Process for the purpose of organizational responsiveness to the changing needs and expectations of the people we serve and our stakeholders.

Through organization wide engagement sessions, and client sessions, we have gathered important information that will strengthen our Cultural Competence and Diversity Plans:

- Process to develop 2018 2019 plan: Topic of staff meetings and Let's Talk session. Identified issue of the way we treat each other and discriminate based on disability and life choices, (ABI vs DH, level of cognitive delay, sexual orientation); the way we feel about ourselves race, life choices, sexual orientation.
- ✓ Information from client meetings and "Let's Talk" session will contribute to plans for our videos.
- ✓ Information from client meetings and employee self-assessment discussions will contribute to final review and recommendations for next steps
- Process to share our plan is in place: Work plan updates saved on our common drive; communicated at our staff meetings; senior management and management meetings, *Let's Talk* sessions as well as being posted on our website and published within our Annual Report.



### Pathways to Independence Client Rights

Each person we support is protected and entitled to rights as identified by the Canadian constitution, provincial, and other legislated rights. In addition to these protected rights, a person receiving support from Pathways to Independence has rights as they relate to the support and services received from us as a service provider. These rights include:

To be dealt within a courteous and respectful manner, and to be free from mental, physical, and financial abuse by the service provider.

To be recognized for their individuality, needs, and preferences, including ethnic, spiritual, linguistic, familial, and cultural factors.

To voice concerns or recommended changes about their community service, without fear of interference, coercion, discrimination, or reprisal; to be informed of policies and procedure affecting service provider operations, and to receive written information on the procedures for initiating complaints about the service provider.

To develop and continuously adapt a Quality of Life Plan that clearly communicates to the person's support team their aspirations and goals for the future and highlights their preferences for the activity of daily living.

To consent or refuse a community service.

To have personal information such as records kept confidential in accordance with the law.

To freedom of movement.

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To own and access personal possessions.

To receive supports and services that respond to the unique needs and preferences of each person.



### Respect for diversity is embedded within Pathways Statement of Client Rights:

"Each person we support is protected and entitled to rights as identified by Canadian constitutional, provincial and other legislated rights. In addition to these protected rights, a person receiving support from Pathways to Independence has rights as they relate to the support and services received from us as a service provider. These rights (as they pertain to cultural competence and diversity) include;

"To be recognized for their individuality, needs and preferences, including ethnic, spiritual, linguistic, familial andcultural factors". (Pathways to Independence Client Rights)

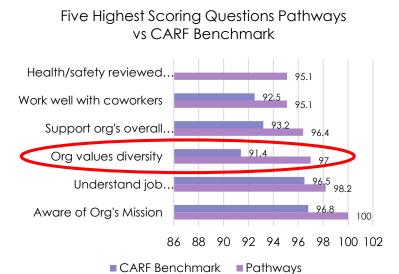
Pathways Client Rights are embedded in the Agency's client centred planning process. The annual person centred plan is created or reviewed with each person served. Goals and actions are developed and implemented that may include supporting a person's interest in relevant aspects of their culture, religious or spiritual beliefs.

### Cultural Competency & Diversity Plan

#### Statement of Principles

Pathways to Independence respects and supports the cultural diversity of the people we support, our employees and our community stakeholders. For the purposes of this plan, cultural diversity is inclusive of gender, ability, age, culture, race, religion, sexual orientation, language, socioeconomic status and spiritual beliefs.

For an agency to achieve cultural competency, it must develop, review and align its behaviours, policies, practices, structures and attitudes to enable diversity.



Current Practices

Respect for diversity is embedded within Pathways guiding principles, many policies, the collective agreement, Pathways Client Bill of Rights and Board of Directors Policy manual, all of which form the foundation for the provision of services, supports and practices to the people we support, our employees, family members, community partners, funders and other stakeholders.



Participants take part in cultural cooking classes from around the world



### Cultural Competence and Diversity Plan

CARF	Program/Area	Issue Identified/Ob	jective	Status/Action comple	eted	Person		Time Frame (eg. mm/yyy			esource nd/or \$)
Standard	of Focus					Accountable	Year Initiated	Target Date	Date Completed	Estimated	Actual
Culture	Build capacity to execute Diversity Plan	Create a cross organiza committee dedicated to creation of strategies an that promote Diversity a	o the Id activities	Diversity and Inclusion Comr created Nov 2019.	nittee	Karen Gray, Emily Steele	2019	2019	Nov 2019	650.00	650.00
Quarterly Update		Q1		Q2	C	<b>Q3</b> ommittee leadership	approved		G First committee		1
Year End Report Back	Dedicated resources	were identified to lead the organiz	ations Diversity & I	nclusion Committee, the first meeting w	as held Nov 201	19. Work underway to	deliver self-asse	essment tool to sta	ff		
Culture	Reducing Internal Segregation/Di scrimination	Delivery of Self-assessme staff to explore diversity competence		Assessment Tool implemente Distributed to staff in Q3 to g level of awareness knowled gaps.	jauge	Karen Gray, Emily Steele	2018	2019	Dec 2019	N/A	N/A
Quarterly Update	Research	Q1 into tool conducted	٨٠٠٩٠	Q2 ent tool presented for approval	Tool distribu	Q3 uted to staff for compl	etion/participat	ion	G Assessment		
Year End Report Back		uccessfully delivered to staff, feedb			1001 distribu		chon/pancipan		733633116111	compicied	
Culture	Building diverse and inclusive culture	"Diversity in this Day and Workshop was created of delivered by frontline sto supported Individuals int various aspects of divers to be more inclusive	and iff for roducing	First session delivered to supp individuals in both Q2 & Q3.	oorted	Craig Helmer	2019	Ongoing	Q2 & 3 of 2019	N/A	N/A
Quarterly Update		Q1	Workshop	Q2 created and first session delivered		Q3 Second session deli	vered		G	4	
Year End Report Back	Comprehensive works	hop created and delivered throug	-		<u> </u>						
Culture	Building a Diverse and Inclusive Culture	Cultural competency to incorporated into currer rights training		Incorporation of cultural cor components created, relate activities presented to staff	• •	Emily Steele	2018	Q1 2020	Q4, 2019	N/A	N/A
Quarterly Update		Q1	Plannir	Q2 ng for content and integration	Initial compo	Q3 onent identified and to	o be delivered ir	n Q4 1 <sup>st</sup> eler	<b>G</b> ment delivered: V deliv	ideo on religio	us culture
Year End Report Back	Cultural Competency	components identified for integra	tion into client righ	ts training. 1 <sup>st</sup> element successfully deliv	vered in Q4. De	evelopment and ident	ification of future	e modules underw			
Culture	Celebrating our Diversity – Agency Calendar	Created the 2019 agend reflective of the Diversity of Supported Individuals	and Stories	Agency 2019 calendar crea distributed to all supported i their families and to Pathwa stakeholders.	ndividuals	Deb Paus	2018	Nov 2018	Dec, 2018	600	600
Quarterly Update		Q1		Q2		Q3 sent to supported indiv and stakeholde	rs		G		
Year End Report Back	The annual agency co	alendar was designed again this ye	ear using art creat	ed by our supported individuals. There v	were over 400 r	ecipients of the calen	dar this year and	d feedback on the	e calendar remair	ns positive	

CARF Standard	Program/Area	Issue Identified/Ob	jective	Status/Action comple	ted	Person Accountable		Time Frame eg. mm/yyy			esource id/or \$)
Sianaara	OF FOCUS					Accountable	Year Initiated	Target Date	Date Completed	Estimated	Actual
Culture	Celebrating our Diversity	The creation of ongoing and events to explore, p celebrate diversity		Program staff create ongoin activities and events for clier explore and celebrate diver Cultural cooking classes held throughout 2019: ✓ Cooking classes in from China, Italy, Er and Indigenous co well received Learning through Arts and M workshops held: ✓ Fun with Flags – Leo about different cult	nts that sity. cuisine ngland oking was usic arning	Shannon DeMille & Program Team Staff	2018 2019	Ongoing	Ongoing	200.00	200.00
2019Quarterly		Q1		their flags.		Q3	2019			20.00	20.00
Update		- Carl		Cooking Classes held		Cooking classes I	neld		9	(	
Year End Report Back	Program team staff su ongoing.	accessfully delivered numerous act	ivities for clients th	roughout the year. Activities, events and	d classes were v	well received by clier	ts. Continued eff	orts in designing c	and delivering ac	tivities such as	these are
Culture	Celebrating our Diversity	Providing access to com activities to strengthen a inclusion amongst the ca and amongst our suppo individuals	liversity and ommunity	Supported Individuals attend Belleville Waterfront and Mul Festival.		Shannon DeMille & Program Team Staff	2019	July 2019	July 2109	200.00	200.00
Quarterly		Q1		Q2	A ++-	Q3 endance at Festival J	uly 14, 2010		G	24	
Update Year End Report Back	Pathways is committe	d to supporting attendance at co	mmunity festivals c	and funding for same is allocated annua			019 14, 2017				
Culture	Celebrating our Diversity	Learning about other cu participating in the Sam Project		Individuals participate in a h project that brings joy and h children around the world th gift-filled shoe-boxes	ope to	Shannon DeMille & Program Team Staff	Dec 2018	Ongoing Annually		200.00	200.00
Quarterly Update		Q1		Q2		Q3 Individuals particip	ated.		G	24	
Year End Report Back	The Samaritans Purse			es in, helping to provide gifts of despera	tely needed ite	ems for children arour					
Culture	Celebrating our Diversity	Providing Diversity Trainir supported individuals	ng to	Provide table top activities to develop cultural sensitivity a learn to appreciate difference	nd to	Shannon DeMille & Program Team Staff	2019	Ongoing	Ongoing	200.00	200.00
Quarterly Update		Q1		Q2		Q3			G	24	
Year End Report Back	Cultural and Diversity	training is incorporated into the lea	Cultural and Diversity training is incorporated into the learning and training plans throughout the year								

### Cultural Competence and Diversity Plan cont'd

### Accessibility Plan

Pathways accessibility plan addresses accessibility issues at our community home, program locations and in the community at large. Pathways to Independence is committed to identifying and removing barriers that impede the ability of persons served to fully access our programs and the broader community as a whole. The plan also addresses accessibility issues that may arise for our employees and

members of the general public.

Pathways to Independence Accessibility Plan is in keeping with the requirements of the Accessibility for Ontarians with a Disability Act, (AODA) Integrated Accessibility Standards Regulation 191/11 and CARF's ASPIRE Standard L: Accessibility.

The AODA Integrated Accessibility Standards Regulation (IASR) requires not for profit agencies that employ more than 50 people to develop accessibility policies, programs and procedures in the following areas:

- ✓ Employment,
- Information and Communication,
- $\checkmark$  Transportation, and the
- ✓ Built environment.

The deadlines for implementing these programs extend to 2020 for some requirements.

AODA's Integrated Accessibility Standards have general requirements that are embedded in the 5 identified areas above. These general standards and their status are outlined on pages 25 to 29.

#### Types of Barriers

An *architectural barrier* is any physical factor that makes accessing buildings or physical structures difficult for a person with disabilities. This may include narrow doorways, a staircase without a banister, bathrooms that are not physically accessible for all, alarms that are not able to be heard by individuals with hearing impairments, or even something as simple as the location of furniture.

An **attitudinal barrier** is a negative attitude that people have towards persons served. Examples of this may include attitudes of



neighbours or other community members about having people with disabilities living in their neighbourhood, or the lack of "person first" language used by agency personnel An **environmental barrier** is any location or characteristic of the setting that compromises, hinders or impedes service delivery and the benefits to be gained. This may include flickering lights, a heavy scent, or a remote geographical location that restricts frequent access to services or events.

An **employment barrier** is a policy, program, resource, tool, or way of conducting business that could restrict a person with disabilities from getting a job or doing their job well. This may include an agency only accepting hand written answers on an interview for a person with a learning disability, or giving a person with a visual impairment a job application form that is in text only.

A *transportation* barrier is the lack of suitable and available transportation to allow a person with a disability to attend or participate in community services, programs, medical appointments, employment or other activities.

A **community integration** barrier is anything that may limit an individual's ability to access their community.

A *financial barrier* is a lack of financial resources that may require an agency to restrict or cancel a service or program.

A **communication barrier** is anything that prevents a person with disabilities from having access to information in a way that accommodates their disability and/or helps them to understand information. This may include not providing access to a TTY service, an interpreter, or a website that does not have the ability to increase font size or change colour to assist legibility.

				bin Benton Sr. Manager 1 - Susan Hall, Patty Men		ices	Total Estir	nated Cost	: Total A	ctual Cost:		
CARF or AODA	Program/Area of Focus	Issue Identified/C	Time Fran		Time Frame Co (eg. mm/yyyy) In		(eg. mm/yyyy)					
Standard							Year Initiated	Target Date	Date Completed	Estimated	Actual	
Architectural/ Built Enviro Barrier	Building Capacity to strengthen accessibility and suitability and planning	Creation of Housing Devel Committee to continuously current housing (suitability/accessibility/site strategic planning and ens	y review our e) to support	Committee created. First meeting November 2019. Meeting to contir monthly basis. Committee has dev to focus on for discussion.	ue on a	Bill Crosier	2019	2019	On going			
Quarterly Update		Q1	Commi	Q2 Itee membership approved	I	Q3 First meeting held		G			Q4	
Year End Report Back	Housing committee deve	eloped and first meeting held to	o discuss TOR and to	o highlight focussed areas for discussion	in the months ahe	ead						
Architectural/ Built Enviro Barrier	Pathways homes renovated to accommodate accessibility	Washrooms renovations at Emily, Haig and Crofton to free access in addition to Napanee.	provide barrier	Barrier free washroom renovations homes completed. Haig and Emily August 2019 Napar schedule. Crofton bought in 2019 COVID-19	nee ahead of	Bill Crosier	2018	2019	August 2019	15000		
Quarterly Update		QI	Haig and Emily St	Q2 treet washrooms completed		Q3			/ashroom 90% co D. Delays due to			
Year End Report Back	Three of the four schedule COVID pandemic.	ed renovations completed (Ha	ig, Emily, Napanee	) with a minor delay in the Napanee pro	ject due to COVI	D 19. The Crofton p	roject was def	erred due to lo	ack of external ar	nd internal resou	rces during th	
Architectural/ Built Enviro Barrier	Pathways homes renovated to accommodate accessibility	Renovation to extend the street to build an addition additional accessible bed washrooms and a new ran	to create rooms,	Addition to West St. began in Q4 c completed early Q1 of 2020, creat floor accessible bedrooms and 2 f washrooms and a new ramp.	ing 6 main	Bill Crosier	2019	2020	2020	200000	150000	
Quarterly Update	Q1 Q2 Q3					Major ropov	ation began Ma	Q4				

Transportation	Ensuring safe and barrier free transportation of clients	New Accessibility/wheelch purchased to ensure the a safe transportation of clier increased capacity of thos while meeting all regulated standards.	ppropriate and ts and se transported	2 new vans procured and one var use to a new location (Cloverleaf		Bill Crosier	2019	2019	2020	160000	153000		
Quarterly Update		Q1		Q2		Q3		Q4					
-				eet Van purchased July 2019		et Van purchased C							
Year End Report Back	Pathways procurement of transported.	of new specialized vans increas	ed the number of a	clients that have access to transportation	on within the comm	nunity in an approp	riate manner w	hile ensuring th	ne increased sat	fety and securit	y of those		
Architectural/ Built Enviro Barrier	Ensuring the safety of clients, staff and visitors	Parking and traffic flow is addressed to ensure the security on site at Pathwa	safety and	"One way" parking through fare b breached. Parking arm install to e of traffic at Head Office was conth safety of public traffic ensured. Nu ramp built at rear of building and Wheel Chair parking spaces adde	nsure the flow rolled and the ew Wheel Chair three new	Bill Crosier	2019	2019	2020	25000			
Quarterly Jpdate		QI	Tender for rel	Q2 ated construction services sent out	Vendor chosen	Q3 early Q3. Ramp co 2019	mpleted Dec			Q4			
Year End Report Back	All three projects were su	uccessfully completed.				2017							
Information/C ommunicatio n Barrier	Employees understanding of the Accessibility for Ontarians with Disability Act (AODA), and the public service responsibility when supporting clients in the community	Inclusion of AODA training orientation	in all new hire	Mandatory orientations held every ongoing throughout the year. In 2 employees were trained/oriented		Janet Montgomery	Ongoing	Ongoing	Ongoing	N/A	N/A		
Quarterly Update	0	Q1 ngoing		<b>Q2</b> Ongoing		<b>Q3</b> Ongoing			Or	Q4 ngoing			
Year End Report Back	AODA training has been	successfully integrated into Pa	hways orientation	and onboarding processes for some tim	e and continues to	o be effective.							
Information/C ommunicatio n Barrier	Strengthening the access to services and information that is convenient, clear and understandable.	Pathways written materials client specific policies diffic understand and interpret.		Supportive employment program documents/forms and their contex updated to ensure that they were easily understood	nt were	Deborah Paus Christine Robertson	2018	2019	Ongoing	N/A	N/A		
Quarterly Update		Q1		Q2		Q3				Q4			
Year End Report Back		ngoing orms was conducted and newe	r, more simplified v	Ongoing ersions were created.		Ongoing		1	0	ngoing			
Information/C ommunicatio n Barrier	Strengthening the access to services and information that is convenient, clear and understandable	Review of the Accessibility with a Disability Act's requi ensure all employees who identified disability have a agency's emergency mec information in a format the to them.	rement to have an ccess to the isures	Continue to identify and work dire Identified employees who require information and ensure that they f the policies and procedures of the Provide accommodations in the ir process for employee with learning	accessible ully understand agency Iterview	Deborah Paus Janet Montgomery	2018	2019	Ongoing	N/A	N/A		
Quarterly		Q1		Q2		Q3				Q4			
Update	0	ingoing		Ongoing		Ongoing			0	ngoing			
Year End Report Back	The HR team continues t	o work directly with identified in	dividuals to ensure	a smooth, well informed and positive p	rocess is establishe		nd candidates v	with learning d		<u> </u>			

Information/C	Strengthening the	Create a supported emplo	yment	Expansion of the brought about th	e	Deborah Paus	2018	2019	2019	N/A	N/A
ommunicatio n Barrier	access to services and information that is convenient, clear	program		implementation of tools for manage throughout the recruitment process streamlined and easy to understan	ss that are	Christine Robertson					
	and understandable			Increase in the successful employ							
				individuals: Front desk; maintenan							
Quarterly Update		Q1		Q2	Front	<b>Q3</b> Desk Opportunity fil				Q4	
Year End Report Back	The tools created to supp	port mangers and candidates t	hroughout the recr	uitment process adds a level of flexibilit			eu				
Attitudinal Barrier	Perceptions of persons with developmental	Highlighting and showcasi accomplishments of peop disabilities at all public Pat	le with	Client art is promoted and showco throughout the year.	ased	Deborah Paus	Ongoing	Ongoing	Ongoing	N/A	N/A
	disabilities, acquired brain injury and those with dual	and meetings		Insertion of client art into the Path to be distributed to clients, familie: stakeholders annually.		Michelle Rathwell					
	diagnosis in the broader community			Art shows held throughout the yea	ır	Shannon DeMille					
				Art show held in local Belleville libr with ABI as part of the OBIA's Brain awareness month event schedule	n Injury						
				Supported individuals involved in a fundraising events in the commun							
				Home to Heart poinsettia fur Pathways art show and sale	held at						
Quarterly		Q1		Pathways head office; spac	e fundraiser;	Q3				Q4	
Update	space fundraiser; Dar	ic library; Rockfest parking ncing with the Stars event nplemented May 2019		WZ		eart Poinsettia Sales f omoted and held No				4	
Year End	A series of successful eve	ents were created, promoted a	nd launched within	Pathways and within the community a	t large. Numerou:	s supported individu	als took part ar	nd feedback fi	rom the commu	nity and from p	ersons served
Report Back		e, these events will become co				-			-	-	
Financial Barrier	Increased access to funds to support community	Promote community acce provide supported individu financial resources to atter	als with	Pathways Foundation Community funded a variety of events and ac supported individuals We funded	tivities for	Susan Hall Patty		2018	2019	Ongoing	\$2,046.00
	engagement	activities in the community not be able to afford		events - Medieval Times; Heather Painting; Bluesfest Concert COED Program	's Studio –	Meneillley					
Quarterly Update	Or	Q1 ngoing		Q2 Ongoing		<b>Q3</b> Ongoing		Q4 Ongoing			
Year End Report Back	The Pa	thways Foundation Community	Access Plan provi	ded funding for numerous supported in	dividuals to attend	d a variety of comm	unity based ac	tivities and eve	ents held throug	hout the year.	

Community Integration	Perceptions of persons with developmental disabilities, acquired brain injury and those with dual diagnosis in the broader community	Build and develop greater promote the employability disabilities		<ol> <li>Partner with local employment the Chambers of Commerce information sessions to promu- employment for persons with</li> <li>Development of FFS (passpo surpassed our numbers year</li> <li>Continue to promote events accomplishments of the age people we support through 1 events, materials and social</li> </ol>	e to hold ote n disabilities. ott) program over year. over year. o, activities and ency and marketing	Robin Benton Shannon DeMIIIe	Ongoing	2019	2019	N/A	N/A
Quarterly		Q1		Q2		Q3				Q4	
Update	Or	ngoing		Ongoing	ng Ongoi			Ongoing			
Year End Report Back		reate new and build existing po companies hired supported in		eholders within the community to suppo	ort and promote e	mployment for pers	sons with disab	ilities 10 comp	anies within the o	community ho	ave volunteer
Community	Perceptions of	Promote and assist suppor		Pathyways supported individuals o	are successful	Robin Benton	Ongoing	Pre 2013	Ongoing	N/A	N/A
Integration	persons with	to be successful volunteers		employees and volunteers within t			0 0		0 0		
-	developmental	employees and contributir	ng members of	communities – working in factories		Shannon					
	disabilities, acquired	their communities		coffee shops to name a few as we		DeMille					
	brain injury and			college. On average over 25 supp							
	those with dual			individuals hold competitive emplo							
	diagnosis in the			over 20 hold volunteer positions at	any given time						
	broader community			throughout the year							
Quarterly		Q1		Q2		Q3		Q4			
Update	Or	ngoing		Ongoing		Ongoing			Or	ngoing	
Year End Report Back	Successful employment o	and volunteerism of supported	individuals within th	viduals within the community is ongoing							

### Technology and Systems Plan

In 2019 Pathways solidified its Information Technology and Management (IMT) environment with the formalization of its senior management role, that of Senior Manager IMT. In this short time, Pathways has developed a Technology and Systems Plan that is innovative, collaborative, flexible and service delivery focused.

The plan will ensure that Pathways' technology and systems are practical, well defined and position both I&IT and the business to successfully, efficiently and effectively deliver services to those we support. The plan will also see information and data management tools and processes developed to ensure they are secure yet accessible.

This IMT Strategic plan outlines a series of goals and related activities, linked to measurable outcomes that will evolve to achieve the organizations strategic vision.

Pathways Priorities	Improved Service Delivery	Promote Access and Engagement	More Efficient Operations
IT Strategic Initiatives	<ul> <li>✓ Secure IT services</li> <li>✓ Standardized approaches to solution delivery</li> <li>✓ Increased collaboration across organization</li> </ul>	<ul> <li>✓ Efficient and effective access Information</li> <li>✓ Better use of Information and Analytics</li> <li>✓ Create a modernized workplace</li> </ul>	<ul> <li>✓ Consolidate infrastructure and use Cloud Computing</li> <li>✓ Secure and cost effective solutions</li> <li>✓ IT solutions and analyses linked to organizational roadmaps</li> </ul>
Outcomes	<ol> <li>Increased availability and use of IT Services</li> <li>Service delivery models that span the organization</li> </ol>	<ul> <li>✓ Data generates value</li> <li>✓ Increased workforce engagement</li> <li>✓ Improved service delivery engagement</li> </ul>	<ul> <li>✓ Lower costs</li> <li>✓ Operational efficiency and consistency</li> <li>✓ Enable reinvestment</li> </ul>

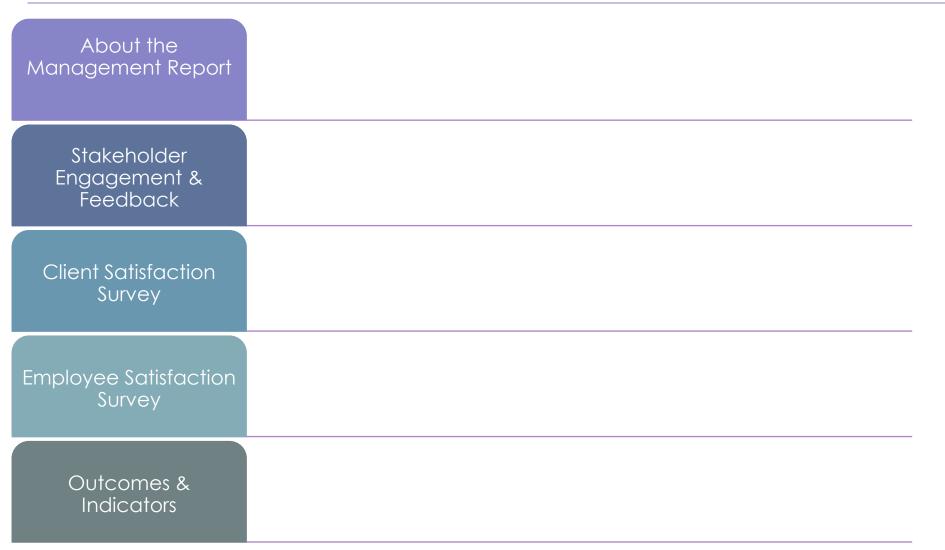
### Technology & Systems Plan

#### Plan Name: Technology and Systems Plan

#### Lead/Co-Leads: Serge Beaulieu, Sr. Manager Information Management Technology

Contributor	s:				Total Estim	ated Cost:	Total Actua	al Cost:	
CARF Standard	Program/Area of Focus	Issue Identified/Objective	Status/Action completed	Person Accountable		Time Frame (eg. Mm/yyy)	1)	Cost/Re (FTE an In thou	d/or \$)
					Year Initiated	Target Date	Date Completed	Estimated	Actual
Software	SharePoint	Develop and launch 3 internal driven workflow forms on SharePoint	<ul> <li>A new tool (open source, free) was researched: Form-tool.</li> <li>Form-tool server now running.</li> <li>Preparing Form-tool demonstration for executive application features and how current Pathways forms would be expressed via this tool.</li> </ul>	Sr. Mgr IMT	2019	Jan 2020			
Quarterly Update		Q1	Q2		Q3		FT server inst exec	<b>Q4</b> alled - Demo	forms for
Year End Report Back							L		
Software	Learning Management System	Investigate COTs products designed to administer document, track report and deliver training and educational programs, and their integration with SharePoint	Deferred due to prohibitive costs associated with procurement and implementation	Sr. Mgr IMT	2018	2019			
Quarterly Update		Q1	Q2		Q3			Q4	
Year End Report Back							1		
Software	SharePoint implementation	SharePoint roll out and training	Training of executive team held. Training for phase One staff scheduled. Deferred due to Covid 19 pandemic	Zycom Sr. Mgr IMT	2017	2018/19	Deferred		
Quarterly Update		Q1	Q2		Q3			Q4	
Year End Report Back									

### How are we doing?



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### The Pathways Management Report

Pathways primary purpose is to provide services to adults with disabilities in ways that enhances their quality of life, while ensuring the most efficient and effective use of human and financial resources. Efficient and effective are terms often assumed to be about controlling costs, and in many management driven data reports, effective and efficient indicators are used that reflect costs, time used or saved, or number of instances a service or other utility is accessed. Providing data that measures a person's quality of life is extremely difficult to do in a quantifiable manner. This management report identifies measurements and data to illuminate agency growth and direction informed by our vision, mission and guiding principles. Where practical, benchmark and outcome measures have been identified with best demonstrated practices, external research, and/or past internal history and in all cases provide a baseline for us to establish goals and objectives to further enhance our services and programs.

### Alternate format availability



Pathways ensures that everyone can access the same information in a format that facilitates their understanding and accommodates each person's unique requirements. If you require the information in this report in a different format, please contact Pathways and we will provide the information in a manner that meets your needs.

Our contact information is:

289 Pinnacle Street Belleville, ON, K8N 4Z2 613-962-2541 356 D Woodroffe Ave. Unit 202 Ottawa ON K2A 3V6 613-233-3322

### Alignment with CARF principles

#### Stakeholder engagement and feedback

To learn and grow an organization requires feedback. To change, an organization needs to set goals and measure results to improve processes and programs. The process of stakeholder feedback and meaningful outcome measurement is a key principle of CARF accreditation.

Pathways to Independence has both formal and informal channels to solicit feedback. These include:

- Client Surveys
- Complaint and Appeal processes
- Web Based anonymous feedback
- Employee Surveys
- Community member involvement on Sub Committees of the Board, such as the Quality Assurance Committee
- Client Tenant Meetings
- Subject Specific focus group meetings with clients and employees to discuss housing needs/issues, part time callback concerns, program services transitions.
- Cascading Management forums and meetings
- Informal feedback from community partners



#### Web Based Anonymous Feedback

In an effort to ensure that all people have the opportunity to provide feedback to the agency, Pathways provides an anonymous email based feedback process on our website; <u>www.pathwaysind.com</u>. In 2019, a volunteer from Belleville General Hospital wrote to us to share their positive feedback regarding one of our persons served. They wrote:

"I recently met "J" from Pathways at Belleville General Hospital where I work as a volunteer. "J" was accompanying a client to an appointment. I was very impressed with "J's" professionalism, kindness, and patience. They are an excellent representative of Pathways. Thank you and congratulations on the outstanding work you all do to provide an enriched life for your clients.

Kindest regards,

Μ

In all situations the feedback email message is forwarded to the appropriate Manager with a copy to the Executive management team. If the individual provides their name, the Manager will respond to the person directly. We encourage people to provide their name and contact information so that we can respond directly and engage in further discussion. If the person submitting the feedback wishes to remain anonymous, the email is forwarded on to the appropriate Manager for information.



### **Employee Satisfaction Survey**

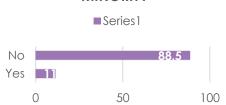
In 2018 Pathways conducted an employee satisfaction survey designed by USPEQ, a survey partner of CARF. USPEQ designs and assists in the implementation of both clients and employees in organizations around the world and prepares a benchmark survey to assist agencies in comparing their results with those of similar organizations.

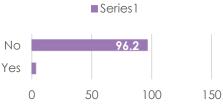
The USPEQ Employee Satisfaction benchmark survey was compiled in 2017 with predominately North American results in CARF accredited Aging Services, Behavioural Health, Employment & Community Services (ECS) and Medical Rehabilitation. Sixty-four percent of the survey results came from Canadian agencies in ECS and Aging Services. The benchmark survey results were used to compare the results of Pathways employee satisfaction survey.

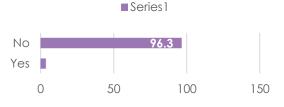
The response rate from all employee groups to the survey was 60.8%.

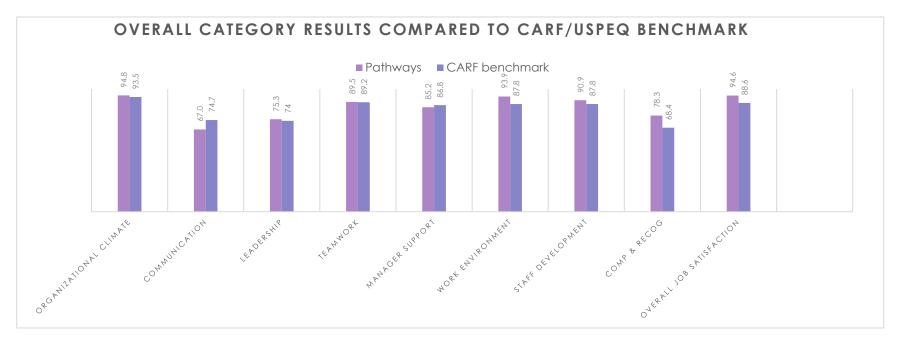
### Demographics of Pathways Employees





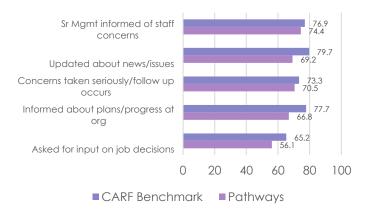




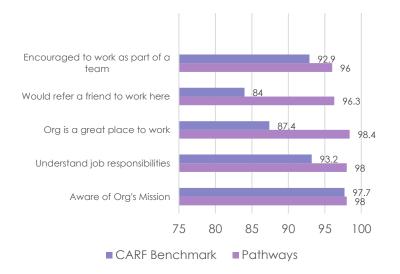


## Overall Pathways survey results (% positive) compared to CARF/USPEQ Benchmark

#### Five Lowest Scoring Questions Pathways vs CARF Benchmark



#### Five Highest Scoring Questions Pathways vs CARF Benchmark

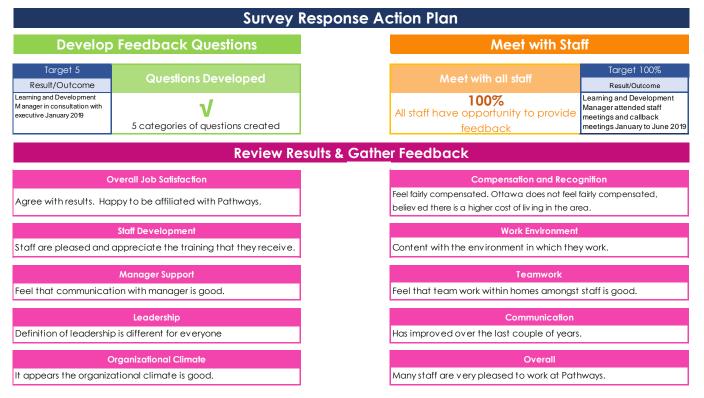


## CARF Employee Satisfaction Survey - Action Plan and Follow Up for 2019

In late 2018, every worksite received specific web results stemming from the 2018 survey. Throughout the first 6 months of 2019 Pathways management met with staff to further explore the results of the survey and create an action plan to address key areas.

### Action Plan Overview:

The initial survey was conducted September 24 – October 5, 2018 in preparation for CARF survey. The Learning and Development Manager reviewed the agency results, benchmarked results and key themes with Management team at our quarterly "Let's Talk" meeting on November 1, 2018. Next Steps were to create an action plan to go over results and obtain feedback.

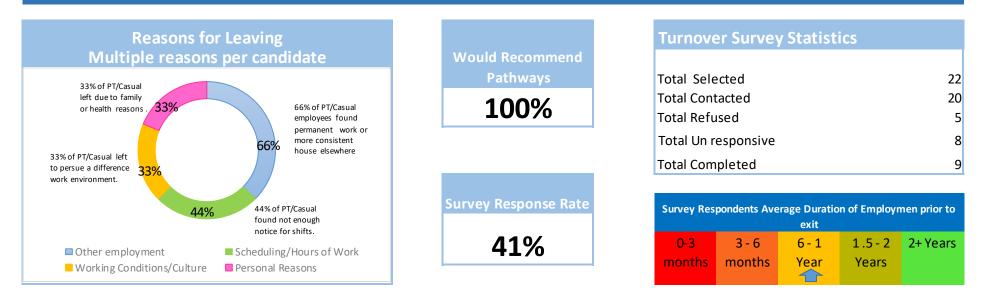


## Interim Ad-hoc employee Survey Q1 and Q2 of 2019

Pathways continues to strive to improve their employees work experience by intermittently "touching base" with staff through-out the year. How are we doing? What can we do better? How can we help you?

In the fall of 2019 we reached out to employees who departed the organization to get a better sense of why they departed and to gather information to help us improve. 66% of employees left for other employment, but 100% of them enjoyed working with us and would recommend Pathways as an employer of choice. These results are better understood if we keep in mind that the employees surveyed were part-time or casual and that their hours of work fluctuate from week to week. The overall reason for departing Pathways within the first year, was for other work offering full-time or more and consistent hours.

## Exit Survey Response Data



## Action items in Response to Survey

- The creation of a "Regular Part-Time" schedule to provide employees more stability with more consistent and predictable hours
- Enhanced the scheduling process by creating a "Submit and Schedule to availability" option for employees

# Client Satisfaction Survey

"If I were to rate Pathways out of 10, I would give it a 10".

USPEQ Client Survey, Comments Section, June 2018

Over 190 (56% response rate) clients and their support staff took the time to give us their thoughts about how things are going at Pathways and answer a survey.

98.4% overall satisfaction with services!

97.2% of clients said they would refer Pathways to a friend.

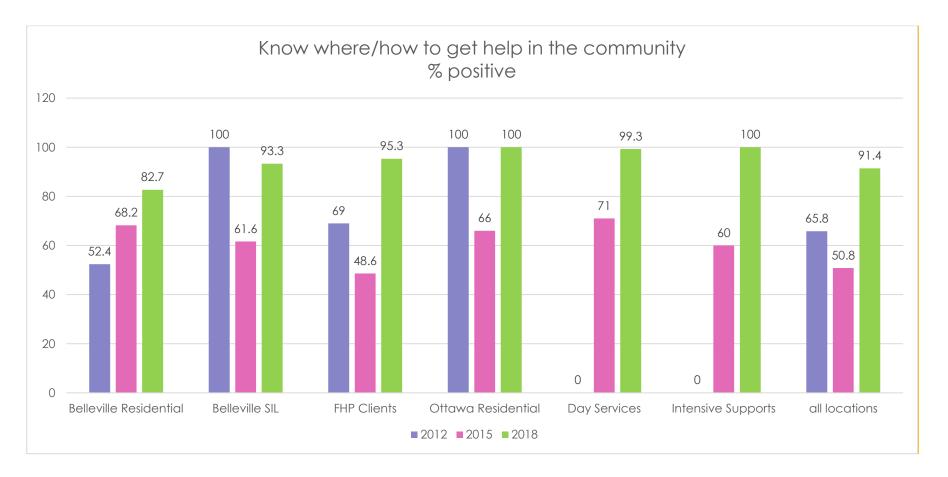
98.9 % of clients said Pathways services enabled them to do things better

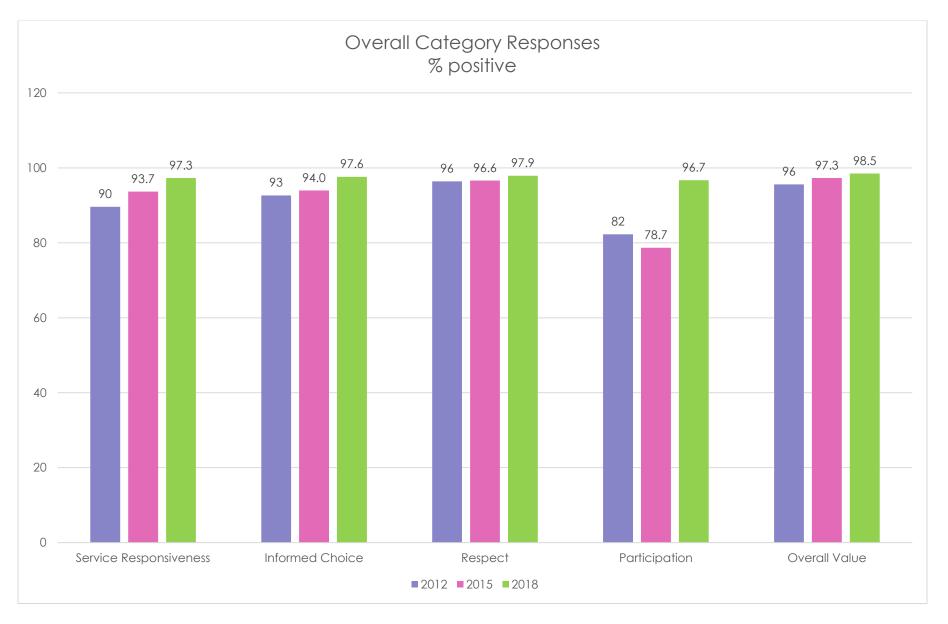
98.9 % of clients said they were able to make important choices

98.9% of clients said Pathways was respectful of their culture

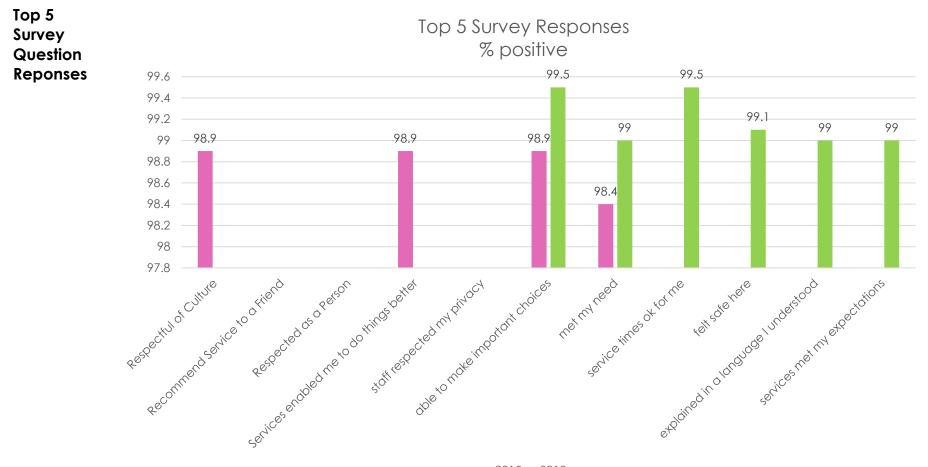
Pathways overall category results have been consistently positive since 2009 with the exception of the participation category that shows a drop from 93% positive in 2009 to 79% positive in 2015.

The key question that affected this decline in scores related to the question "I know where and how to get help in the community". Action planning with managers, staff and employees through staff meetings in 2016 and 2017, resulted in a sginificant improvement in this question response.



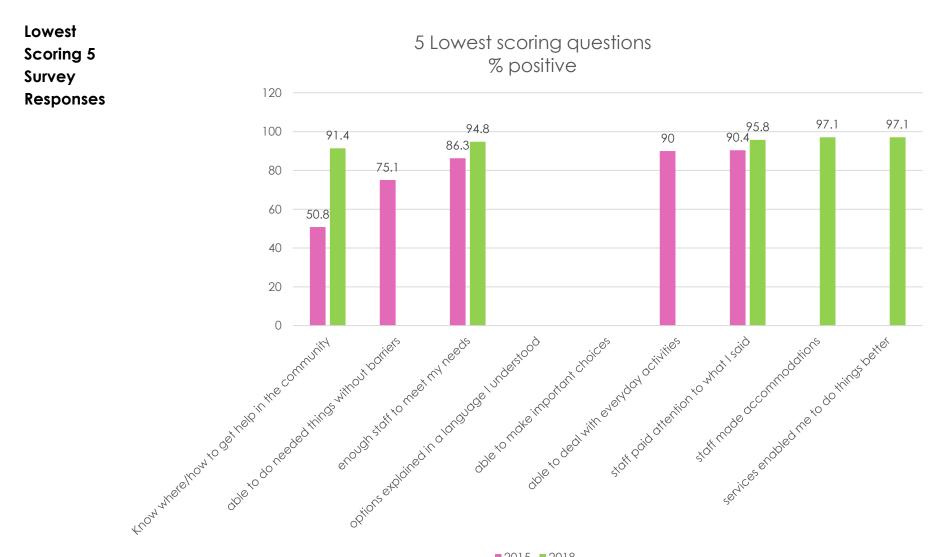


Each survey report has two quick sections that help us to understand the 5 questions that scored the highest positive responses and the 5 questions that scored the lowest positive responses.



2015 2018

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■2015 ■2018

# **Outcomes & Indicators**

Pathways to Independence is accredited by CARF for the following programs;

- > Community Housing,
- > Community Integration,
- ➢ Host Family Services,
- Supported Living and,
- > Respite Services.

In keeping with CARF's principle of continuous improvement, every program receiving accreditation must clearly identify measurable outcome based goals and activities to build upon the delivery of services to the persons served by the agency. CARF further requires indicators for the following four categories:

- 1. Efficiency: measures resource allocation & use such as time spent, dollars spent, numbers served.
- 2. Effectiveness: measures how services and programs impact the people we support.
- 3. Service Access: measures some aspect of the barriers involved to use or access services by the client
- 4. Satisfaction: measures the extent to which the people we support and other stakeholders are happy or satisfied with the services Pathways provides.

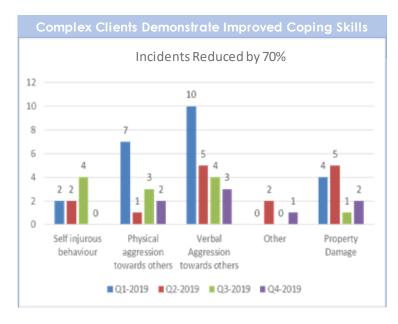


The Continuous Improvement Journey

## **Quality Assurance**

#### Excellence in Our Programming & Services





# Accessible & Appropriate Homes Clients Living Independently Homes Meet Accessibility Needs 7 95% New Apartments for Clients Renovation Projects Completed

#### **Extending Our Reach**



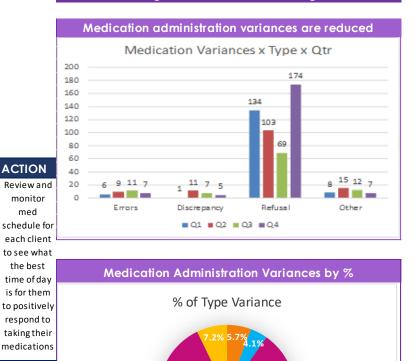
## Reinforcing & Sharing our Culture



## **Risk Management Planning Outcomes**

#### **Risk Management**

#### **Clients Right Medication at the Right Time**

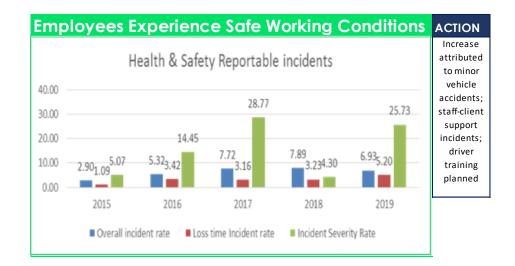


83.0%

Error Discrepancy Refusal Other

#### Client Complaints are Heard & Responded To





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Pathways to Independence

For information about this report please contact:

Deborah Paus Chief Human Resources & Organizational Effectiveness Officer 613-962-2541 ex 225 deborahp@pathwaysind.com



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